



Centre de counselling de **SUDBURY**
SUDBURY Counselling Centre



PARTNER CONTACT

Your partner has been charged with assault and must attend the PAR program.

Here's what to expect.

260 Cedar Street, Sudbury ON P3B 1M7
705.524.9629

www.counsellingccs.com

Your partner has been charged with assault and is on bail or on probation. One of the conditions is that he attends the PAR Program.

What You Need to Know About the PAR Program:

- The priority is to increase the safety of women and their children.
- It is your partner's responsibility to call the Program Worker to make an appointment.
- He will have to attend 16 weekly group sessions each lasting 2 hours.
- The PAR Program is NOT an anger management program. It focuses on power and control issues. Abusive behaviors are intimidating with the intention of controlling the other person's behavior and inducing fear. This abuse creates a power imbalance in the relationship.
- Individual or couple counselling is not offered in the PAR Program.
- There is a fee for the Program.
- The Sudbury Counselling Centre is a member of the Domestic Violence Court initiative and works closely with its justice system partners.

The goals of the PAR Program are to:

- Confront and change the beliefs and attitudes that support abusive behaviors as well as power and control tactics
- Increase awareness of the dynamics of abuse, power and control
- Provide new, non abusive and non controlling alternatives to abuse
- Encourage responsibility for his behavior and to become accountable to you
- Improve communication skills to better function as a partner and as a parent, to regain trustworthiness

Services to You

The Partner Contact Worker will contact you once we have received your partner's file and he has attended the first session to register for the Program. You will then have the opportunity to talk about your experiences and your safety, to learn more about the PAR Program as well as the resources and services available to you and your children through the Sudbury Counselling Centre.

We can help!

Important Telephone Numbers

Better Beginnings Better Futures	671-1941
Catholic Charities Soup Kitchen	674-9940
Child Care Resource Centre	525-0055
Child and Family Centre	525-1008
Children's Aid Society	566-3113
Community Mental Health & Addiction Program	523-4988
Crisis Intervention Program	675-4760
Crown Attorney's Office	564-7698
Domestic Violence Treatment Program	675-4743
Family Court	564-7633
Family Responsibility Office	1-800-267-4330
Genevra House	674-2210
Iris Addiction Recovery for Women	674-4193
Justice of the Peace	564-7000
Legal Aid Ontario	673-8182
Legal Clinic	674-3200
Ontario Works	675-2411
Our Children, Our Future	677-0440
Police (Regional)	675-9171
Police (Provincial)	564-6900
Probation Office	564-4311
Sudbury Counselling Centre	524-9629
Sudbury Housing Commission	674-8323
Supervised Access Centre	675-2003
Support Link	690-5577
Victim / Witness Assistance Program	564-7986



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